

# Milford Recreation Skating Programs

## Learn To Skate (ages 4 & up)

Saturday mornings January 16th-February 13th

8:00am-8:30am \$25 Residents/\$35 Non-Residents

Instructor: Dan Fontas, Director of Hockey for The Hockey Academy  
And New England Stars Youth Hockey

All participants must be accompanied by a parent on the ice

Equipment Required: Skates, helmet (any bike/multi-sport helmet), gloves.



## Learn to Play Hockey (ages 5 & up)

Saturday mornings January 16th-February 13th

8:45am-9:45am \$30 Residents/\$40 Non-Residents

Instructor: Dan Fontas, Director of Hockey for The Hockey Academy  
And New England Stars Youth Hockey

Must have learn to skate experience/Equipment Required:

Full equipment including skates, stick, helmet with cage, hockey gloves

(other protective equipment such as throat guard and shin guards highly recommended)



*Shepard Park outdoor ice skating rink, next to St. Joseph's Milford Medical Center*

Register online at [www.milfordrec.com](http://www.milfordrec.com)!

Must have a minimum of 6 participants pre-registered before the start of the session

*Skating programs will last 4-5 weeks weather permitting  
with a makeup/bonus class held on February 13th.*